



Rockstar Run 8K & 1-Mile Fun Run Registration Form

Commonwealth
Orthopaedics
Getting back to *your* life.



Sunday, April 18, 2010 • 8:00 AM Start • =PR= Burke • 5715 Burke Centre Pkwy, Burke, VA

Join us on Sunday, April 18 at 8:00 AM for the inaugural Rockstar Run 8k and 1-Mile Fun Run. The race benefits the Celebrate Cherie Scholarship Fund. Cherie Yadao, a physical therapist and manager for Commonwealth Orthopedics had her life cut short on August 29, 2009 at age 35 after a valiant fight against a rare cancer, extra pulmonary small cell carcinoma. To the end, Cherie lived her life to the fullest and touched so many lives in the process. To know Cherie is to understand her favorite saying "Party like a Rockstar". The Rockstar Run 8K and 1-Mile Fun Run celebrates the essence of Cherie-her spirit of adventure, her tenacity, and her insatiable zest for life. Proceeds from this race will go to the Celebrate Cherie Scholarship Fund to help physical therapy students pursue their dream of helping others as Cherie did. Music, food, prizes following the race.

The Rockstar Run 8K will run through scenic Burke Centre, using Burke Centre Parkway. Join us and bring your family for a great event!

Registration & Packet Pickup

Obtain link to register online at www.potomacriverrunning.com. It's fast, easy, and you will receive immediate confirmation of your entry. Alternately, you may mail the completed entry form, or fax to 703-729-7645. You can also register for the race and pick up your race packet at the following location:

Saturday, April 17, 10 AM • 4 PM

Potomac River Running Store, Burke (5715 Burke Centre Parkway, Burke, VA 22015) 703-978-0500

Saturday, April 18, 6:30 AM • 7:15 AM

Potomac River Running Store, Burke (5715 Burke Centre Parkway, Burke, VA 22015) 703-978-0500

Registration Fees

\$25 for 8k until 4/8

\$30 for 8k from 4/9-4/16

\$35 for 8k on 4/17 and race day

\$20 for fun run/walk until 4/8

\$25 for fun run/walk from 4/9-4/16

\$30 for fun run/walk on 4/17 and race day

Register online at www.potomacriverrunning.com, or you may pay by check, money order or Visa/Mastercard

Make checks payable to: PR Events, Inc. • **Fax:** (703) 729-7645 (credit card required)

Mail to: PR Events, Inc., Attn: Cathy Pugsley, 2 Awsley Ct., Potomac Falls, VA 20165

PLEASE NOTE: We cannot process your application unless the liability waiver at the bottom of this application is signed by each entrant. If entrant is under 18, an adult must sign on his or her behalf.

Name _____ M/F _____

Age on Race Day _____

Address _____ City _____ State _____ Zip Code _____

Phone (____) _____ E-mail _____

Payment

\$25 for 8k until 4/8

\$30 for 8k from 4/9-4/16

\$35 for 8k on 4/17 and race day

\$20 for fun run/walk until 4/8

\$25 for fun run/walk from 4/9-4/16

\$30 for fun run/walk on 4/17 and race day

Form of Payment:

check money order Visa/Mastercard #: _____ Exp. date (mm/yy): _____

Additional donation to the Celebrate Cherie Scholarship Fund: \$ _____ **Total Amount Paid:** \$ _____

Shirt Size (Adult): XS S M L XL XXL

I know that running a road race is potentially hazardous and that I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, effects of weather, traffic and road conditions, all such risks being known by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the Rockstar Run, Burke Centre Shopping Center, Potomac River Running, Inc., PR Events, Inc., Commonwealth Orthopedics, and all other sponsors, their representatives, directors, officers, employees and agents and successors from all claims or liabilities of any kind including bodily injury, death, or property damage arising from my participation in this event or carelessness on the part of the persons named in this waiver. I assume full responsibility for all liability in connection with such claims, and for having insurance for me. I agree to indemnify organizers of the Rockstar Run, Burke Centre Shopping Center, Potomac River Running, Inc., PR Events, Inc., Commonwealth Orthopedics harmless against such claims and related costs, including claims by any minor, which may be brought after attaining majority. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature _____ Date _____

Signature of parent /guardian if under 18 years of age _____ Date _____